

ABRAXAS I | Intensive Drug & Alcohol Treatment for Boys

Abraxas I provides a safe, nurturing, and structured environment for delinquent and/or dependent male youth to make positive changes in their behaviors, attitudes and beliefs. Our goal is to eliminate drug abuse/dependency and delinquency, and develop competencies that will enable our youth to function as responsible members of the community.

Residents participate in a variety of therapeutically structured activities including individual counseling, group counseling, family counseling, clinical study, AA/NA groups, life skills education, recreation and volunteer work in the local community. Treatment planning integrates the concepts of Balanced and Restorative Justice by focusing on offense specific counseling, victim awareness, accountability and competency development.



ADMISSION CRITERIA

- Delinquent and/or dependent male youth ages 13 to 18+
- Current chemical abuse and/or dependency
- IQ of 70 or above

HIGHLIGHTS

- Minimum of 10 hours of primary care services (Drug and Alcohol specific) per week provided to each youth
- Individual and group counseling
Group Counseling topics to include:
 - Drug and Alcohol Treatment and Recovery
 - HIV Education
 - Conflict Resolution
 - Problem Solving
 - Anger Management
 - Cognitive Restructuring
 - Social Skills Training
 - Life Skills (including competencies identified in the Casey Life Skills curriculum)
- On and off site NA/AA Groups
- Gun violence prevention
- Family sessions
- On grounds, privately licensed middle and high school which offers diploma and GED tracks, credit recovery, SAT prep and testing and college courses through a local community college
- Career and technical education opportunities
- Restitution and community service opportunities
- Interscholastic and intramural athletics



CLINICAL CURRICULUM & ACTIVITY MATRIX

Family Circumstance; Parenting

Family Sessions

Education / Academic Skills

Casey Life Skills
CTE Programs
Employability Soft Skills

High School Diploma/GED
College Courses
Credit Recovery

Peer Relations

Living in Balance

Substance Abuse

Living in Balance
12 Step Facilitation
The Truth About Drugs

Leisure, Recreation & Community Engagement

Victim Awareness
Restitution
Community Service
Intramural Sports
PIAA Athletics

Personality / Behavior, Behavioral Health

Victim Awareness
SELF Psycho-Education
CBT - Thinking Errors (New Direction Criminal & Addictive Thinking)

Attitudes; Orientation

Anger Management
Transforming Anger into Personal Power
Victim Awareness
Gun Violence Prevention

Employment / Workforce Development

Casey Life Skills
Employability Soft Skills



www.abraxasyfs.com

Abraxas I
P.O. Box 59
165 Abraxas Road
Marienville, PA 16239
800.352.3402

Abraxas
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Fully funded by Managed Care for Pennsylvania youth who meet the requirements for this level of treatment (ASAM Level III.1 or III.5). Managed Care Organizations include CBH, PerformCARE, CCBHO, MHS and VBH.

The Intensive Drug and Alcohol Treatment Program for Boys is a service of Abraxas I, licensed by the PA Department of Health, Division of Drug and Alcohol Program Licensure and The Commonwealth of Pennsylvania Department of Human Services, Bureau of Human Services Licensing, accredited by The Joint Commission and partnering with the Sanctuary® Institute for clinical and organizational change.