

ABRAXAS I

Drug & Alcohol Treatment Program for Boys

Especially for Parents

In a safe, nurturing and structured environment, we empower young men to make positive changes in their behavior, attitude and beliefs.



Things you should know

LENGTH OF STAY

The Drug & Alcohol Treatment Program is 6 months in length based on the Milestones for Treatment Completion. However, variable lengths of stay can be accommodated. The actual duration of treatment can be impacted by each resident's attitude, behavior, and engagement in the treatment process.

CLOTHING & OTHER ITEMS

Residents are permitted to bring and wear their own clothing in accordance with our dress code. All toiletries and linens will be provided.

Below is a sample list of clothing that your son may need:

- 5 pairs of slacks, jeans, sweatpants, shorts
- 7 shirts for every day wear
- 2 sweaters or sweatshirts
- 1 seasonal coat or jacket
- 2 sets of long underwear (optional)
- 7 – 10 pairs of underwear
- 7 – 10 pairs of socks
- 1 – 2 pairs of sneakers
- 1 each of winter boots, gloves, scarf and hat
- 1 pair of casual shoes
- 1 – 3 gym shorts and T-shirts for recreational wear
- 1 pair of swim trunks

HOME PASSES

Residents may be eligible for a home pass after a specified period of time; this period of time is established in accordance with the resident's estimated length of treatment, acceptable behavior, and approval from the probation officer/placing agency.

FAMILY VISITS

Family visits are encouraged and welcomed. All family visits are scheduled two weeks in advance by your son's counselor. Visiting hours are from 11 AM to 3 PM Saturdays or Sundays. Visits are restricted to two approved adult family members.

EXTRACURRICULAR ACTIVITIES

Abraxas I partners with Sheffield Area High School for PIAA Football, Wrestling and Track & Field. On-campus intramural sports are also available. Residents also have the opportunity to participate on the Youth Advisory Committee (YAC) which is a forum to discuss student ideas for program enhancement with members of Abraxas I's Leadership Team. YAC members are responsible for sharing information discussed in the meetings with their peers. Community Service opportunities are abundant and are offered on a regular basis.



EDUCATION

Our on-site Arlene Lissner Middle/High School is a year-round private school, fully accredited and licensed by the Pennsylvania Department of Education. Services include: High School Diploma; GED; Special Education; Career and Technical Education; Web Based College Courses; Credit Recovery; Credit Acceleration; Daily Tutoring; Smart Board Technology; Computer Lab; and SAT Instruction and Testing.

DIETARY

All residents are provided three well-balanced meals and one snack daily. In celebration of holidays and cultural events, special meals are prepared. Dietary employees also accommodate special dietary needs/restrictions for students as necessary.

PHONE CALLS AND MAIL

Residents call home once a week at a pre-arranged time and send up to seven letters per week. Primary counselors facilitate family sessions twice per month. Family sessions assist parents/guardians in participating in their son's treatment, allow the youth and family to keep updated on their progress, keep open lines of communication, and rebuild/strengthen family relationships.

CLINICAL SERVICES

Residents receive weekly individual counseling and daily group counseling. Clinical services are provided to all residents according to their individual treatment plans. The treatment plans are developed by the counselor and reviewed by the clinical treatment supervisor. The resident and family actively participate in the treatment plan development process. Each treatment plan lists the type and frequency of clinical services to be provided to that particular resident.

DISCHARGE PLANNING

Discharge Planning begins at the time of admission and continues through the course of treatment. Upon discharge, a discharge report is completed. The report summarizes the resident's progress in treatment and recommendations for continuing care. Continuing Care Plans (CCP) are completed and serve as the "final treatment plan" for residents to follow after they have completed the residential phase of treatment.

For over 40 years.....

Founded in 1973, Abraxas I sits on a 90 acre campus in the Allegheny National Forest in northwestern Pennsylvania, tucked quietly away from what many of our kids are accustomed to. This setting provides a fresh start from the moment you turn onto our tree lined drive.

Our goal is to eliminate drug use/abuse and delinquency by developing behaviors that are socially responsible.

CONTACT US:

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