



# HIGHLIGHTS

## CLINICAL

- D&A specific treatment (*minimum of 10 hours per week*)
- Gender specific programing:  
A Woman's Way Through the Twelve Steps, Moving On and Girls Circle
- On-site PTSD groups
- Individual, group and family counseling
- Outpatient sexual assault counseling
- Outpatient trauma focused therapy (*as deemed necessary*)

## EDUCATION

- Middle and High School education at on-site accredited school
- Career and technical education & workforce development opportunities
- Diploma and GED tracks available
- Credit Recovery
- SAT Prep/Testing
- College Courses through local community college

*Developing a strategy for recovery through building positive relationships; enhancing self-esteem and body image; teaching life skills; and providing clinical services, in effort to support a sober and successful future.*



*Unique*  
**OPPORTUNITIES at AI**

- Experiential learning with Empathy Bellies® pregnancy simulators (*through Family & Consumer Science in School*)
- Partnership with educational outreach program (*bi-weekly*) through local rape crisis center; groups around healthy relationships, Internet safety, date rape drugs and various other topics
- Community service opportunities with local flea market, community food bank, PA Fish and Game Commission
- Gymnasium for physical education class and therapeutic recreation, weight/fitness room, racquetball and yoga
- Crafting Room: yarn projects, sewing blankets and hats for babies and then delivering to local hospitals



The Intensive Drug and Alcohol Treatment Program for Girls is a service of Abraxas I, licensed by the Commonwealth of Pennsylvania Department of Health, Division of Drug and Alcohol Program Licensure and Department of Human Services, accredited by The Joint Commission and partnering with the Sanctuary Institute for clinical and organizational change.

Fully funded by Managed Care for Pennsylvania youth who meet the requirements for this level of treatment (ASAM Level III.1 or III.5). Managed Care Organizations include PerformCARE, CBH, CCBHO, MHS and VBH.

**Abraxas I**

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