

ABRAXAS I | Intensive Open Residential Program

This highly structured, staff-secure residential program provides individualized treatment for adolescent male youth who have diverse needs directly impacting their delinquency issues, and as a result, may have demonstrated resistance toward other treatment programs. We use a strengths based approach which focuses on intensive clinical programming, evidence based curricula, personal character development, and specific counseling to remedy family deficits. The program is designed as an alternative to secure placement.

ADMISSION CRITERIA

- Delinquent and/or dependent male youth between the ages of 13 to 18+
- History of significant aggression, non-compliance and/or violent/maladaptive behavior
- History of habitual criminal activity
- History of past placements with requests for removal/FTA history
- IQ of 70 or above (*others will be reviewed on a case-by-case basis*)

HIGHLIGHTS

ART (Aggression Replacement Training) driven | All youth participate in at least one 10 week cycle of ART. A certified ART trainer verifies the fidelity of the curriculum through ongoing evaluation.

Staffing | 1:4 staff to resident ratio. Master's level clinicians assist primary counselors in the treatment process and provide individual counseling with offense specific treatment to youth on a case-by-case basis. Youth receive two individual counseling sessions per week with their primary counselor.

Leadership | The nationally recognized evidence based, Character Development and Leadership is delivered three times a week in a group setting to all residents. As a primary focus of treatment, it prepares students for the opportunity to participate in a youth advisory function enabling them to practice the new skills immediately.

Drug & Alcohol Prevention | Primary treatment focus on prevention of substance abuse and reduction in recidivism based on Gorski's relapse prevention model implemented with chemically dependent criminal offenders.

Gang Intervention/Prevention | The evidence based Phoenix Curriculum assists youth in identifying their risk factors, alternatives and methods for leaving gang culture.

Gun Violence | All residents who have a gun related charge in their background will receive counseling and treatment related to gun violence through their two weekly individual counseling sessions.

PTSD | All youth who suffer from trauma related issues will attend a weekly PTSD group to assist them in their effort to understand the impact of their trauma and how they can move forward to live healthy, productive lives.

Motivational Interviewing | Clinical staff utilize Motivational Interviewing techniques in an effort to better communicate with each resident to help them understand the stages of change and identify what stage of change they are in.

Educational Services | The on grounds, privately licensed middle and high school offers diploma and GED tracks, credit recovery, SAT prep and testing and college courses through a local community college. Career and technical education opportunities, experiential learning and interscholastic athletics are also offered.

Step-Down Options | Residents will be eligible to transition into the Drug and Alcohol Treatment Unit on a case-by-case basis when appropriate. The program can also be used as a step-down from secure placement.

CLINICAL CURRICULUM & ACTIVITY MATRIX

Family Circumstance; Parenting

Family Sessions
Carey Guides

Education / Academic Skills

Casey Life Skills
CTE Programs
Employability Soft Skills
Carey Guides

High School Diploma/GED
College Courses
Credit Recovery

Peer Relations

ART
Gang Prevention/Intervention
Character Development for Leadership
Carey Guides

Substance Abuse

Relapse Avoidance Plan
The Truth About Drugs
Project Alert
Carey Guides

Leisure, Recreation & Community Engagement

Victim Awareness
Restitution
Community Service
Intramural Sports
PIAA Athletics
Carey Guides

Personality / Behavior, Behavioral Health

Victim Awareness
PTSD
SELF Psycho-Education
CBT - Thinking Errors
Carey Guides

Attitudes; Orientation

ART
Gun Violence Prevention
Carey Guides

Employment / Workforce Development

Casey Life Skills
Employability Soft Skills
Carey Guides



www.abraxasyfs.com

Abraxas I
P.O. Box 59
165 Abraxas Road
Marienville, PA 16239
800.352.3402

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