

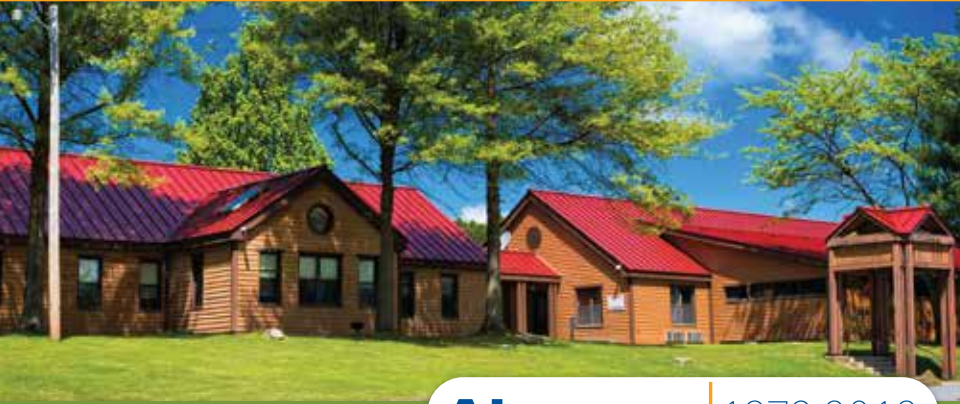
STEP is a 14 bed open residential unit on the Abraxas I campus providing social skill development and substance abuse education/prevention to delinquent and dependent male youth ages 13 to 18+. Utilizing a cognitive behavioral model and a trauma informed care approach, a strong emphasis is placed on life skill development and Balanced and Restorative Justice.

## CLINICAL CURRICULUM & ACTIVITY MATRIX

CURRICULUM	TARGETED YLS DOMAIN
<b>Victim &amp; Community Awareness</b>	Leisure, Recreation & Community Engagement Personality/Behavior Attitudes/Orientation
<b>SELF Psycho-Education Program</b>	Personality/Behavior
<b>Interactive Journaling® Forward Thinking Series – Individual Change Plan</b>	Personality/Behavior Attitudes Orientation
<b>Interactive Journaling® Forward Thinking Series – Responsible Behavior</b>	Personality/Behavior
<b>Interactive Journaling® Forward Thinking Series – Dealing with Difficult Feelings</b>	Personality/Behavior
<b>Interactive Journaling® Forward Thinking Series – Relationships and Communication</b>	Personality/Behavior Peer Relations Family
<b>Casey Life Skills</b>	Education/Academic Skills Employment/Workforce Development
<b>The Truth About Drugs</b>	Substance Abuse
<b>Gang Intervention and Prevention (individual basis)</b>	Peer Relations
<b>Thinking My Way to Freedom (CBT-Thinking Errors)</b>	Personality/Behavior Attitudes/Orientation Peer Relations
<b>Men's Work</b>	Personality/Behavior
<b>Gun Violence Prevention (individual basis)</b>	Attitudes/Orientation
<b>Carey Guides (individual basis)</b>	Specific guide utilized to meet any moderate/high risk need identified in the client's most current YLS Assessment
<b>SITCAP - Structured Sensory Interventions for Traumatized Children, Adolescents and Parents</b>	Personality/Behavior Attitudes/Orientation

# ADDITIONAL SERVICES

- On grounds, privately licensed middle and high school which offers the opportunity to earn credits that can be transferred to the home school, high school diplomas, GED prep and testing, credit recovery, SAT prep and testing and online college courses
- Career and technical education opportunities: Abraxas I is affiliated with the Pennsylvania Academic Career/Technical Training Alliance and also working with OVR (*Office of Vocational Rehabilitation*)
- Restitution and community service opportunities
- Interscholastic and intramural athletics, music, art and numerous clubs available



STEP (Social Training and Education Program) is a service of Abraxas I, licensed by the Commonwealth of Pennsylvania Department of Human Services, accredited by The Joint Commission and partnering with the Sanctuary Institute for clinical and organizational change.

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P.O. Box 59 | 165 Abraxas Road | Marienville, PA 16239

phone: 800.352.3402 | fax: 814.927.8560

info@abraxasyfs.com | www.abraxasyfs.com