

**ABRAXAS**

**OHIO**

**STRENGTH-BASED**

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**CLIENT-CENTERED**

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**FAMILY-FOCUSED**

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**TRAUMA-INFORMED**



**ABRAXAS OHIO**

# ABRAXAS OHIO

Since 1993 Abraxas Ohio has been serving youth and families through our partnerships with juvenile court systems and child caring agencies throughout the state of Ohio. We have continued to improve and expand our service offerings as the needs of adolescents and their families have increased in complexity.

At the Residential Treatment Center in Shelby Ohio, we offer two specialized programs:

- Substance abuse treatment services for adolescent males
- Behavioral health treatment programming for male youth involved in sexual offenses/sexually abusive behavior

Youth referred to our programs have complex treatment needs, often presenting with co-existing conditions such as substance abuse and mental health disorders, family dysfunction, and trauma and abuse histories. In response, we utilize various evidence and competency based curricula\* and we have adopted the Sanctuary Model® as a foundation for treatment. At Abraxas Ohio, we are promoting safety and recovery from adversity through the active creation of a trauma-informed community.



## \* Evidence and Competency Based Curricula

- Living in Balance: Moving from a life of addiction to a life of recovery
- Thinking My Way to Freedom
- Aggression Replacement Training®
- The Matrix Model for Teens and Young Adults (AoD Program specific)
- Teen-Intervene (AoD Program specific)
- Pathways Curriculum by the Safer Society Press (JSO specific)
- Cognitive Behavioral Therapy
- Stages of Accomplishment

## OUR RESIDENTIAL TREATMENT TRACKS

### Drug and Alcohol Treatment Program

Our highly structured substance abuse treatment program is firmly grounded in a Therapeutic Model that addresses criminal thinking errors, cognitive and behavioral changes, and evidence based practices. Substance abuse treatment services are provided by certified or licensed clinicians and include individual and group counseling, case management, crisis intervention and family services.

Admission determinations to the Drug and Alcohol Treatment Program are made utilizing the Protocol for Levels of Care and ASAM admission criteria.

We offer 90 day and long term treatment options for male youth who:

- Are between the ages of 12 and under 21
- Have a personal substance use/abuse/dependence history (including those with co-occurring mental health disorders)

### Behavioral Healthcare Program / Juvenile Sex Offender Treatment

Our Behavioral Healthcare program is certified by the Ohio Department of Youth Services to provide juvenile sexual offender assessment, treatment and transitional services. Through a cognitive behavioral therapy model of treatment, the program provides comprehensive mental health services with an emphasis on eliminating future sexual offending behavior.

We utilize nationally recognized risk assessment tools (e.g. ERASOR, JSOAP-II) along with measures of protective factors to guide treatment and ensure highly individualized services. Treatment services, including partial hospitalization group programming, are provided by certified/licensed clinicians. Program services include individual and group therapy, family counseling, and psychological evaluations and psychiatric services as needed. All program youth are housed in single rooms.

This is a 9 to 12 month treatment program for male youth who:

- Are between the ages of 12 and under 21
- Have a history of sexual offending or sexually abusive behavior

## EDUCATIONAL SERVICES

Abraxas Ohio offers on-site, year-round educational services to youth who have been placed in our Shelby residential programs. The Abraxas School of Ohio is fully accredited and licensed by the Ohio Department of Education. We contract with Mid-Ohio Educational Service Center to staff our school with highly qualified and certified teachers.

The Abraxas School of Ohio offers several educational possibilities to its students:

- Students can continue to attend school, accrue credits and transfer those credits back to their home school upon discharge from the program
- Students can graduate from our school by earning a high school diploma
- Students can prepare for and take the GED
- Special Education services
- Credit recovery and credit acceleration using independent studies and credit flex
- SAT and ACT preparation and testing
- Assistance with completing FAFSA (Free Application for Federal Student Aid)

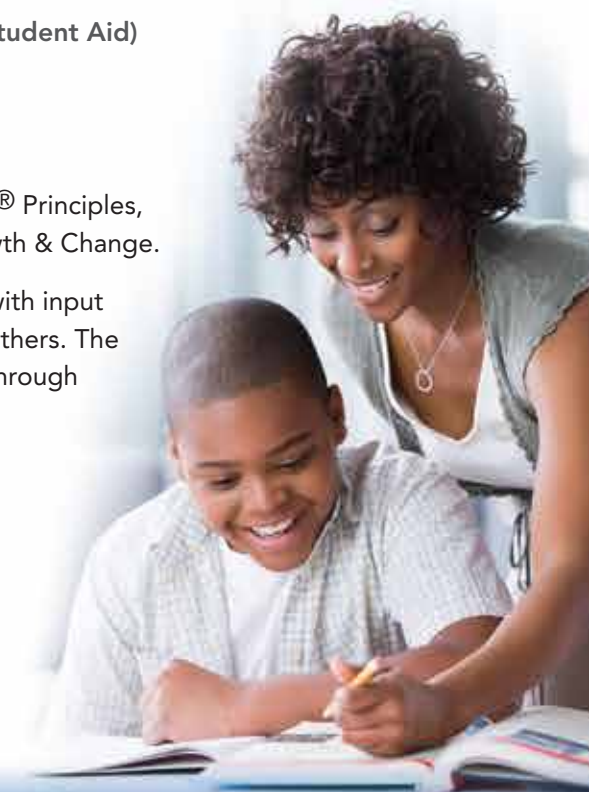
## LIFE SKILLS AND INDEPENDENT LIVING

Our Life Skills and Independent Living Program ties directly to Sanctuary Model® Principles, including Social Learning, Open Communication, Social Responsibility and Growth & Change.

Using a Casey Life Skills Assessment, an Independent Living Plan is developed with input from the youth, his counselor, parent/guardian, placing agency, and significant others. The plan includes strengths, skill deficits, and resources of the youth, all addressed through individual counseling sessions and weekly independent living groups.

## DISCHARGE PLANNING AND REINTEGRATION

As residents near discharge, and if appropriate and approved by their referring agencies, passes are encouraged to assist with facilitating re-entry into the community. For youth returning to communities near our Abraxas Counseling Centers, we are often able to make a seamless transition of treatment services to a lower level of continuing care.



# KEY SERVICES

# ABRAXAS | OHIO

- Drug & Alcohol Treatment
- Juvenile Sex Offender Programming
- Individualized Treatment Planning
- Psychiatric Evaluations (as necessary)
- Health Screening / Physical Exam / Medical Care
- Diagnostic Assessment (provided by licensed clinician)
- Casey Life Skills Assessment / Independent Living Skills
- Individual & Group Counseling & Therapy
- On-site Educational Services
- Family Visitation (transportation assistance as needed)
- Family Education, Programming, and Counseling
- Recreation & Fitness Activities
- Community Service / Volunteerism

**Abraxas**  
a GEO Group Company®

## FOR MORE INFORMATION:

Contact your local Admissions and Customer Relations Liaison or email us at [info@abraxasyfs.com](mailto:info@abraxasyfs.com)

### **Abraxas Ohio**

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Abraxas Ohio is licensed and certified by the Ohio Department of Mental Health and Addiction Services to provide residential and community mental health services and residential and outpatient drug and alcohol treatment services. The program is certified by the Ohio Department of Youth Services to provide assessment, treatment and transitional services to youth with sexual offending/abusing behaviors. Abraxas Ohio is accredited by The Joint Commission as a Behavioral Healthcare Organization and partnering with the Sanctuary Institute for clinical and organizational change.

Certified PREA Facility

