

ABRAXAS
ACADEMY

SECURE TREATMENT

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Abraxas Academy, located in Morgantown, Pennsylvania provides specialized, secure residential treatment for delinquent male youth between the ages of 14-18. Treatment at the Academy is for youth who demonstrate a consistent display of delinquent patterns through multiple placements, serious charges, and problematic behaviors. Youth are admitted to the Academy either for habitual offending behaviors or for a history of sexual offending behavior.

At Abraxas Academy, we provide the framework for treatment through the Sanctuary® Model. Sanctuary promotes safety and recovery from adversity through the active creation of a trauma-informed community. These activities and practices enhance treatment outcomes.

Guided by the Balanced and Restorative Justice Model, Abraxas Academy provides youth with tools to make a positive contribution to their communities, while building life skills that will benefit them far beyond their time at Abraxas. Prior to program completion, residents use their learned skills and knowledge around victim awareness, restorative justice and competency development to prepare and present a BARJ Presentation, which is a culmination of all their treatment.

OUR TREATMENT APPROACH

Abraxas Academy's approach to care and treatment is trauma-informed, comprehensive and holistic. Treatment emphasizes the enhancement of physical, social, emotional and academic development. Upon admission, all residents undergo a comprehensive intake process utilizing a wide variety of assessments. The program offers a combination of treatment modalities. Key therapeutic interventions include individual, group and family therapy. Therapeutic groups are facilitated by masters level clinicians and psychoeducational groups are facilitated by treatment staff. All masters level clinicians also hold a sex offender certification. Groups specifically address the residents' criminogenic needs. Specific focus is placed on Attitudes and Orientation, Personality/Behavior and Behavioral Health, Peer Relations, and Family Circumstance.

Treatment modalities include but are not limited to:

- Interactive Journaling® through The Change Companies® Forward Thinking Series
- Drug and Alcohol education utilizing The Matrix Model for Teens and Young Adults and Hazelton Curriculum
- The Sanctuary® Model
- Pathways
- Post-Traumatic Stress Disorder (PTSD)*
- Casey Life Skills
- PA Victim / Community Awareness Curriculum
- Teens on Target: Violence Prevention Curriculum
- Cognitive Behavioral Therapy – Thinking Errors
- La Red Leadership Curriculum

Clinical staff assess competencies through the youth's ability to comprehend, internalize, and finally apply learned concepts. Through progressive stages of clinical treatment, residents are expected to establish a better understanding of their offense, healthy boundaries, decision making, relationships, empathy, relapse prevention, and overall accountability for their behavior and contributing issues that led to placement.

**PTSD group is for youth who meet specific criteria and are willing to participate in a 16 week closed group.*



EDUCATIONAL OPPORTUNITIES

Abraxas Academy operates a year-round privately licensed school that offers a full range of educational services.

CAREER & TECHNICAL EDUCATION

Affiliated with the Pennsylvania Academic Career/Technical Training Alliance

On-site Vocational Programming Offered:

- Barbering
- Horticulture
- Culinary Arts
- Carpentry
- Electrical
- Certifications in OSHA 10, ServSafe, First Aid and CPR

The Academy has partnered with Berks Career and Technology Center to provide residents with hands-on career and technical education opportunities. With the approval of The Court, select students will be provided the opportunity to participate in this off-grounds learning experience.

- Residents attend school daily and can earn credits that can be transferable
- Diploma and GED options are available
- Certified GED and SAT testing site
- Individualized assistance and tutoring is available
- Animal Empathy Program
- Special Education teachers work with all IEP students to make sure their individual education plans are followed correctly
- Keystone Exams are offered

FAMILY INVOLVEMENT

- Family therapy is offered and encouraged every two weeks - the session is guided by the treatment plan
- Abraxas Academy will provide transportation for approved family members to visit once a month
- Case managers and/or clinicians provide families with bi-weekly phone updates
- Families are invited to participate in quarterly treatment meetings via telephone or in person
- Both teleconferencing and video conferencing are available upon request

ADDITIONAL SERVICES

- Psychological or Psychiatric evaluation within 30 days of admission
- On-site medical and dental services
- Restitution Program
- Community Service

RECREATIONAL & SOCIAL ACTIVITIES

Youth are involved in structured recreational programs on a weekly basis to promote pro-social skills, develop positive self-image and increase self-esteem. Particular emphasis is placed on the development of healthy, drug-free leisure activities. Activities include indoor and outdoor athletic games, climbing wall, music, arts/crafts, and cooking.

Abraxas

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Abraxas Academy is licensed by the Commonwealth of Pennsylvania Department of Human Services, accredited by The Joint Commission and is partnering with the Sanctuary Institute for clinical and organizational change.



FOR MORE INFORMATION:

info@abraxasyfs.com
www.abraxasyfs.com

Abraxas Academy
1000 Academy Drive
Morgantown, Pennsylvania 19543
(p) 610.913.8000
(f) 610.913.8294