



ABRAXAS YOUTH CENTER

Secure Residential Treatment

r.04/18

OVERVIEW

- Male youth ages 12 -18
- 6 month, highly structured, secure treatment program with emphasis on accountability
- The Sanctuary Model® is utilized as a framework for treatment through the active creation of a trauma-informed community
- All residents prepare and present a BARJ presentation
- Individual counseling and masters level therapy
- Daily groups
- Bi-weekly family counseling
- On-site school accredited by the Middle States Association of Colleges and Schools

TREATMENT HIGHLIGHTS

Phase I: Cognitive Distortions and Cyclical Patterns

Phase II: Empathy Development and Reintegration

- Primary Group Focus: Impulse Control, Moral Reasoning and Relapse Prevention
- Intensive Substance Abuse Support Group
- ART® - Facilitated by certified trainers according to fidelity
- Neurofeedback Training
- Eye Movement Desensitization and Reprocessing (EMDR)
- Botvin LifeSkills
- Psychiatric evaluation within 30 days of admission

ADDITIONAL SERVICES

- Vocational Opportunities – Microsoft Certifications and Culinary Program to include ServSafe
- Community Service
- Restitution Program

Abraxas
a **EE** Group Company®

Abraxas Youth Center
 10058 South Mountain Road
 Building #3
 PO Box 334
 South Mountain, PA 17261
 717.749.3066
info@abraxasyfs.com
www.abraxasyfs.com