

ABRAXAS

**Open Residential Firesetting and
Sexual Behavior Treatment Program**

Especially for Parents

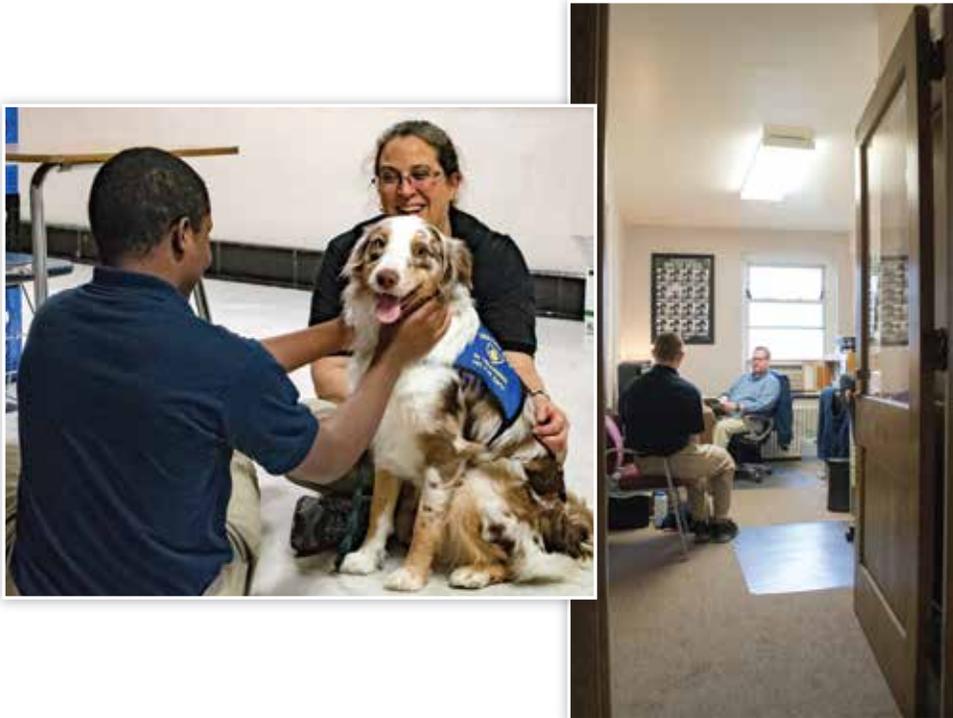


WHO WE ARE

The Abraxas Open Residential Firesetting and Sexual Behavior Program was designed to support the need for early intervention for youth in a non-secure environment. The clinical program is facilitated by three master's level clinicians and overseen by an experienced Program Manager.

WHO WE SERVE

Abraxas serves dependent or delinquent male youth between the ages of 11 and 16 with firesetting and/or sexual behavior issues. Youth are placed from a variety of counties throughout Pennsylvania and surrounding states.



WHAT WE DO

The Abraxas program is designed to be 12 months in length. The treatment process addresses behaviors, develops healthy coping skills, cultivates age appropriate social skills, processes trauma, and develops an understanding of and correctives for behaviors through individualized clinical sessions and structured group therapy. The program is comprised of four Phases. Each Phase is approximately three months.

The Phases are as follows:

- Phase I:** Introduction, Disclosure of problematic behaviors and Fire Safety Training
- Phase II:** Critical Beginning Skills (Impulse Control and Affect Management)
- Phase III:** Critical Intermediate Skills (Criminal Personality Theory, Cognitive Distortions, Moral Reasoning, and Developing Empathy)
- Phase IV:** Critical Advanced Skills (Triggers and Cues, Victim Cycles, and Relapse Prevention)



FREQUENTLY ASKED QUESTIONS

What do I need to provide for my child?

Abraxas will provide all necessary items, including clothing and hygiene products. Parents are not required to provide any items.

How will my child contact me?

Your child will have daily letter writing at their discretion. Phone calls will be facilitated once a week by your child's assigned counselor and will be ten minutes in length. Your child's counselor will be available throughout the week should you have any questions or concerns that need addressed immediately.

When can I visit my child?

Family involvement is highly encouraged and paramount for successful reintegration upon completion of the program. Visits can occur every two weeks. Visits need to be scheduled with your child's counselor at least a week in advance. If you need to cancel or reschedule your visit for any reason, please contact the facility at least 24 hours in advance. Transportation assistance is available upon request.

Who can visit my child?

Parents/guardians are permitted to visit the facility. Other family members, clergy, or supports can visit; however, they need to be approved by your child's assigned caseworker or probation officer prior to the scheduled visit. Unapproved visitors will not be permitted inside the facility.

What can I bring when I visit my child?

Family members are permitted to bring photos and letters into the facility. It is recommended for you to leave all personals and valuables in your vehicle when visiting your child. Cell phones, weapons and outside food/beverages will not be permitted inside the facility.

Where will my child attend school?

Your child will attend our private, licensed, on-site school Monday through Friday from 10:00 am until 3:30 pm. School occurs year-round and therefore your child will earn 1.25 credits per class per year. Certified Special Education Teachers are on staff to provide additional support to students. Abraxas offers SAT and GED prep services for older youth.

Will my child be able to work toward his community service obligations?

Yes, Abraxas has partnerships with numerous local organizations. Your child will have an opportunity to participate in community service at local animal shelters, fire departments, therapeutic riding centers, golf courses, etc.

Will my child be able to earn money towards restitution?

Yes, your child can earn up to \$250 annually towards court ordered restitution.



Can I see where my child will be living?

Unfortunately, due to confidentiality standards and the safety of our clients, family members are not permitted on the unit.

Will my child receive medication management while in your program?

Yes, Abraxas works with a consulting psychiatrist who will meet with your child upon intake. If your child receives medication on a daily basis, the consulting psychiatrist will meet with your child monthly for medication checks. The consulting psychiatrist works closely with the treatment team and obtains information from staff members who work with your child on a daily basis. Any potential medication changes will be communicated with the parent prior to the change being made.

What services will my child receive while in your program?

Your child will participate in a fire setting or sexual behavior specific core group once a week and daily psycho-educational groups. Your child will be assigned a counselor who they will meet with on a weekly basis throughout their placement at Abraxas. Your child's counselor will contact you on a weekly



basis for phone calls and will typically schedule family visits. Your child will also be assigned a clinician who will provide therapy for him two times per month.

What medical services will my child receive?

Your child will receive a yearly physical, twice yearly dental exam, and a yearly eye exam. In addition, Abraxas has a Nurse



Manager who works in the facility and distributes medication, as needed. Your child will be able to fill out medication slips in the event of an ailment. These slips are reviewed twice a day, once in the morning and once in the evening. A nurse practitioner is contracted and meets with youth on an as-needed basis. Outside appointments are scheduled when necessary.

Will my child be safe?

Yes, staff members maintain constant, 24-hour supervision.

When will my child be eligible for day passes and home passes?

Day and home passes begin upon completion of Phase III of the program or after your child has been in the program for approximately nine months. It is recommended for your child to participate in at least three day passes, followed by three weekend home passes. This will allow your child to experience the community and then return to the program to process their experience with the treatment team.

What happens after Abraxas?

Your child's treatment team will meet to establish discharge recommendations prior to your child leaving the program. Recommendations typically include individual counseling sessions; however, they are individualized to your child's needs.

CONTACT US:

Abraxas Open Residential Program

10058 South Mountain Road

Building #6

PO Box 354

South Mountain, PA 17261

717.749.7440

info@abraxasyfs.com | www.abraxasyfs.com