

the Haven

AT SOUTHERN PEAKS

A Program for Sexually Exploited Youth



IT MAY BE MORE COMMON THAN YOU THINK . . .

Every year, thousands of children in the U.S. are coerced, kidnapped or tricked by traffickers or pimps into the sex trade. Terms like "human sex trafficking" usually conjure up images of young girls beaten and abused in distant countries, when actually, sex trafficking happens locally in cities and towns, both large and small, throughout the United States, right in our own backyards.

Walker-Rodriguez, Amanda, and Rodney Hill, "Human Sex Trafficking," Law Enforcement Bulletin (March 2011)

ABOUT THE HAVEN PROGRAM

For teenage girls who are victims of human trafficking and sexual exploitation, The Haven at Southern Peaks is a place where healing from physical, psychological and social traumatic experiences occurs, and a program where transformations are possible.

We offer these children hope and a safe place to recover from adversity, along with the clinical and educational services of a therapeutic residential treatment center.

THE GIRLS WE SERVE

Mental and overall health problems for commercially sexually exploited children are two to five times higher than the general population of adolescents. (*MISSEY Presentation*)

These girls have been exploited physically, mentally, emotionally, and financially. Recognizing the influence of their past on current behaviors and functioning, we understand that their complex therapeutic needs require comprehensive and holistic treatment.

The Haven is a trauma-informed community, fostering resiliency for child trafficking victims who often present with interconnected problems, including:

- Mood /anxiety disorders (esp. PTSD)
- Substance-abuse disorders
- Conduct disorder / impulse control
- Attention-deficit / hyperactivity disorder
- Dissociative disorders
- Stockholm Syndrome
- Antisocial personality traits
- STDs and other medical, nutritional, and health issues.

At Southern Peaks,
we are implementing the
Sanctuary® Model
to create a
trauma-informed culture.



OUR APPROACH TO TREATMENT

Our approach to care and treatment for our Haven youth is comprehensive and holistic. Our program emphasizes the enhancement of physical, social, emotional, and academic development in a safe, nurturing environment.

Utilizing a multi-disciplinary team approach with an emphasis on cognitive, experiential, and trauma-focused therapies, our medical, educational, and treatment teams ensure a healthy and therapeutic restoration experience through individualized treatment planning using an array of program services, including:

- Screenings and assessments
- Psychological / psychiatric evaluations
- Medical care with an on-site clinic
- Case management / treatment planning
- Individual, group, and family therapy
- Substance abuse treatment
- Restorative and victim impact groups
- Competency development (i.e. skill building, job readiness)
- Recreational / therapeutic activities
- Trauma-Focused Cognitive-Behavioral Therapy
- Year-round, on-site educational services
 - Core academic courses
 - Elective classes
 - Remedial classes
 - Credit recovery
 - Vocational programs
 - College coursework
- Transitional / aftercare planning
- Sanctuary® Tools (e.g., SELF Sanctuary Psycho-Education Curriculum)

Our caring and dedicated professional team includes Master-level clinicians, certified addictions counselors, certified special education teachers, and a Board certified psychiatrist.

We collaborate with local and national organizations specializing in programming and advocacy to empower commercially sexually exploited youth to develop new relationships, to live authentically and productively, and to create stable, lasting change in their lives.

About the Sanctuary® Model ...

- Sanctuary® is a blueprint for clinical and organizational change which, at its core, promotes safety and recovery from psychological and social traumatic experiences through the active creation of a trauma-informed community.
- Sanctuary® recommends changing the central question we ask about the people we serve from “What’s wrong with you?” to “What’s happened to you?” as the first step in recognizing the influence of the past on current behaviors and functioning.
- A recognition that trauma is pervasive in the experience of human beings forms the basis for the Sanctuary® Model’s focus not only on the people who seek services, but equally on the people and systems who provide those services.
- There is no textbook or manual for creating Sanctuary in an organization; Creating Sanctuary is individualized and organic, and involves a change process that happens over time to move an organization toward creating a trauma-informed culture.

www.thesanctuaryinstitute.org



To learn more about
The Haven at Southern Peaks
or to make a confidential inquiry or
referral, please call (719) 276-7500 or
visit www.SouthernPeaksRTC.com.



The Haven program is a service of Southern Peaks Regional Treatment Center, licensed by the Colorado Department of Human Services, and is Joint Commission accredited.

