# 2020 Youth Level of Service Domain Curriculum Matrix

**Abraxas I Intensive Open Residential Program**
- **Family Circumstance & Parenting**
  - Family Sessions
  - Carey Guides
- **Substance Abuse**
  - Relapse Avoidance Plan
  - The Truth About Drugs
  - Project Alert
  - Carey Guides
- **Peer Relations**
  - ART®
  - Phoenix Gang Violence Prevention
  - Character Development for Leadership
  - Carey Guides
- **Leisure, Recreation & Community Engagement**
  - Victim Awareness
  - Restitution
  - Community Service
  - PIAA Athletics
  - Intramural Sports
  - Career Guides
- **Education & Academic Skills**
  - Casey Life Skills
  - CTE Programs
  - Employability Soft Skills
  - High School Diploma, GED & College Courses
  - Credit Recovery & Credit Acceleration
  - Carey Guides
  - PSSA, Keystone Exams, ASVAB & SAT Testing
  - Microsoft Certification
- **Personality / Behavior Behavioral Health**
  - Thinking My Way to Freedom
  - Victim Awareness
  - SELF Psychoeducation
  - Trauma Focused Groups; PA PTSD Project
- **Attitudes / Orientation**
  - ART®
  - Gun Violence Prevention
  - Carey Guides
  - Victim Awareness
- **Employment / Workforce Development**
  - Casey Life Skills
  - Employability Soft Skills
  - Carey Guides

**Abraxas I Drug & Alcohol Girls Program**
- **Family Circumstance & Parenting**
  - Family Sessions
  - Living in Balance
  - Woman’s Way Through the 12 Steps
  - Teen Choices Workbook
- **Substance Abuse**
  - Moving On
  - Abuse/Relationships
  - Living in Balance
  - Teen Choices Workbook
  - Life Skills Groups
- **Peer Relations**
  - Victim Awareness
  - Restitution
  - Community Service
  - PIAA Athletics
  - Intramural Sports
  - Teen Choices Workbook
- **Leisure, Recreation & Community Engagement**
  - Casey Life Skills
  - CTE Programs
  - Employability Soft Skills
  - High School Diploma, GED & College Courses
  - Credit Recovery & Credit Acceleration
  - PSSA, Keystone Exams, ASVAB & SAT Testing
  - Microsoft Certification
- **Education & Academic Skills**
  - A New Direction Criminal & Addictive Thinking
  - Victim Awareness
  - PTSD
  - SELF Psychoeducation
  - Trauma Focused Groups; PA PTSD Project
  - Teen Choices Workbook
- **Personality / Behavior Behavioral Health**
  - Anger Management
  - Transforming Anger into Personal Power
  - Victim Awareness
  - Gun Violence Prevention
  - Case Life Skills
  - Employability Soft Skills
  - Carey Guides
- **Attitudes / Orientation**
  - Anger Management
  - Transforming Anger into Personal Power
  - Victim Awareness
  - Gun Violence Prevention
  - Case Life Skills
  - Employability Soft Skills
  - Carey Guides
- **Employment / Workforce Development**
  - Casey Life Skills
  - Employability Soft Skills
  - Carey Guides

**Abraxas I Drug & Alcohol Boys Program**
- **Family Circumstance & Parenting**
  - Family Sessions
  - Living in Balance
  - 12 Step Facilitation
  - The Truth About Drugs
- **Substance Abuse**
  - Living in Balance
  - Teen Choices Workbook
  - Life Skills Groups
- **Peer Relations**
  - Victim Awareness
  - Restitution
  - Community Service
  - PIAA Athletics
  - Intramural Sports
- **Leisure, Recreation & Community Engagement**
  - Casey Life Skills
  - CTE Programs
  - Employability Soft Skills
  - High School Diploma, GED & College Courses
  - Credit Recovery & Credit Acceleration
  - PSSA, Keystone Exams, ASVAB & SAT Testing
  - Microsoft Certification
- **Education & Academic Skills**
  - A New Direction Criminal & Addictive Thinking
  - Victim Awareness
  - SELF Psychoeducation
  - Trauma Focused Groups; PA PTSD Project
  - Teen Choices Workbook
- **Personality / Behavior Behavioral Health**
  - Anger Management
  - Transforming Anger into Personal Power
  - Victim Awareness
  - Gun Violence Prevention
  - Case Life Skills
  - Employability Soft Skills
  - Carey Guides
- **Attitudes / Orientation**
  - Anger Management
  - Transforming Anger into Personal Power
  - Victim Awareness
  - Gun Violence Prevention
  - Case Life Skills
  - Employability Soft Skills
  - Carey Guides
- **Employment / Workforce Development**
  - Casey Life Skills
  - Employability Soft Skills
  - Carey Guides

**Abraxas I Social Training & Education Program**
- **Family Circumstance & Parenting**
  - Family Sessions
  - Carey Guides
  - The Truth About Drugs
  - Men’s Work
  - Carey Guides
  - Interactive Journaling® Forward Thinking Series
- **Substance Abuse**
  - Men’s Work
  - Carey Guides
  - Interactive Journaling®
  - Forward Thinking Series
  - Carey Guides
  - PSSA, Keystone Exams, ASVAB & SAT Testing
  - Microsoft Certification
- **Peer Relations**
  - Victim Awareness
  - Restitution
  - Community Service
  - PIAA Athletics
  - Intramural Sports
- **Leisure, Recreation & Community Engagement**
  - Casey Life Skills
  - CTE Programs
  - Employability Soft Skills
  - High School Diploma, GED & College Courses
  - Credit Recovery & Credit Acceleration
  - Carey Guides
  - PSSA, Keystone Exams, ASVAB & SAT Testing
  - Microsoft Certification
- **Education & Academic Skills**
  - Thinking My Way to Freedom
  - Victim Awareness
  - SELF Psychoeducation
  - Structured Sensory Interventions (STICAP)
  - Trauma Focused Groups; PA PTSD Project
- **Personality / Behavior Behavioral Health**
  - Victim Awareness
  - Gun Violence Prevention
  - Men’s Work
  - Carey Guides
  - Interactive Journaling® Forward Thinking Series
- **Attitudes / Orientation**
  - Victim Awareness
  - Gun Violence Prevention
  - Men’s Work
  - Carey Guides
  - Interactive Journaling®
  - Forward Thinking Series
- **Employment / Workforce Development**
  - Victim Awareness
  - Gun Violence Prevention
  - Men’s Work
  - Carey Guides
  - Interactive Journaling®
  - Forward Thinking Series
  - Carey Guides

**Abraxas I Residential Mental Health Services**
- **Family Therapy**
  - The Truth About Drugs
  - ART®
  - La Red Leadership Curriculum
  - Peer Support
  - The Council for Boys and Young Men
- **Substance Abuse**
  - The Truth About Drugs
  - Men’s Work
  - Carey Guides
  - Interactive Journaling®
  - Forward Thinking Series
- **Peer Relations**
  - Victim Awareness
  - Restitution
  - Community Service
  - PIAA Athletics
  - Intramural Sports
- **Leisure, Recreation & Community Engagement**
  - Casey Life Skills
  - CTE Programs
  - High School Diploma, GED & College Courses
  - Credit Recovery & Credit Acceleration
  - PSSA, Keystone Exams, ASVAB & SAT Testing
  - Microsoft Certification
- **Education & Academic Skills**
  - CBT - Thinking Errors
  - Victim Awareness
  - PTSD
  - SELF Psychoeducation
  - Structured Sensory Interventions (STICAP)
  - Trauma Focused Groups; PA PTSD Project
- **Personality / Behavior Behavioral Health**
  - Victim Awareness
  - ART®
  - ARISE
  - Dialectical Behavioral Therapy (DBT)
- **Attitudes / Orientation**
  - Victim Awareness
  - ART®
  - ARISE
  - Dialectical Behavioral Therapy (DBT)
  - Carey Guides
- **Employment / Workforce Development**
  - Casey Life Skills
  - Employability Soft Skills
  - ARISE

**Contact Information**
- [www.abraxasyfs.com](http://www.abraxasyfs.com)
- 1.800.ABRAXAS

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*Note: The matrix is a comprehensive outline of the services and programs offered by Abraxas in various residential settings, categorized by domain and level of service. It includes a range of educational, therapeutic, and skill-building activities designed to support youth in their personal and social development.*
### 2020 YOUTH LEVEL OF SERVICE DOMAIN CURRICULUM MATRIX

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**Leadership Development Program**
- **Family Conferencing Process**
- **Project Alert**
- **ART®**
- **The Council for Boys & Young Men**
- **Core Firesetter Curriculum**
- **Girls Circle**
- **Experiential Activities/ Education Programs**

**Abraxas Open Residential Firesetting/Sexual Behavior Program**
- **Family Conferencing Process**
- **Project Alert**
- **ART®**
- **ART®**
- **The Council for Boys & Young Men**
- **Core Firesetter Curriculum**
- **Girls Circle**
- **Experiential Activities/ Education Programs**

**Abraxas Youth Center Secure Firesetter/Sex Offender Program**
- **Family Conferencing Process**
- **Botvin LifeSkills Training**
- **ART®**
- **ART®**
- **Botvin LifeSkills Training**
- **Healthy Masculinity**

**Abraxas Academy Secure Habitual Offender & Sex Offender Program**
- **Family Therapy**
- **Interactive Journaling® Forward Thinking Series**
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